

Sunday, August 11, 2019 - Hope Fellowship Church  
Sermon Notes, Pastor Dale Melenberg

ROAR: God is Good! When Life is Sad

Text: [Lamentations 3:19-30](#)

**Monday Blues:**

**Sadness:**

**Lament:**

Lamentations 3: 19-24 – “yet this I call to mind”

\_\_\_\_\_ is found in the middle of our Lament.

**Hope in the Middle:**

Lamentations 3: 25-30 – “The Lord is good to those who hope”

**HOPE causes Three Results:**

We grow in \_\_\_\_\_

We grow in \_\_\_\_\_

We grow in \_\_\_\_\_

[Romans 5:1-5](#) \_\_\_\_\_